

Urinary Metabolic Profile Reminder

Please avoid the following foods and medications for **48 hours** prior to the urine collection:

Medications: Antidepressant and Parkinson's drugs

Beverages: Alcohol, Tea and Coffee

Seeds/Nuts: Walnut and Pecans

Vegetables/Fruits/Juices: Avocado, Tomato, Banana, Grapes, Raisins, Kiwi, Pineapple, Plantain, Plums and Prunes

Others: Aged and Processed Cheeses, Jello-O, Vanilla Extract, Ketchup and Foods contain Benzoic Acids (benzoate) or Sorbic Acid (Sorbate) preservatives

Source and lab test service provider: HK Biotek

Enquiry

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